




Suffolk in Prayer and Ipswich in Prayer

Joshua 1:13

I have given you every
place on which the sole of
your foot treads, just as I
promised to Moses

Prayer is a portable pocket
divine power



An aerial photograph showing a long, straight row of trees planted in a field, likely a windbreak or a new road. The trees are evenly spaced and run parallel to a road on the right. The field is divided into sections by tracks or furrows.

Prayer Walking

A quick introduction...

Prayer walking is as simple as it sounds - praying as you walk. When we prayer walk, we are stepping into our authority as God's children to bless people and places in Jesus' name. This simple task is a great way to bring transformation to your local community by asking God to break in.

Prayer Focus...

- Bless
- Protect
- Give Thanks
- Pray for God's will to be done in that area



Prayer Walking

IPSWICH BOUNDARY WALK

Preparation

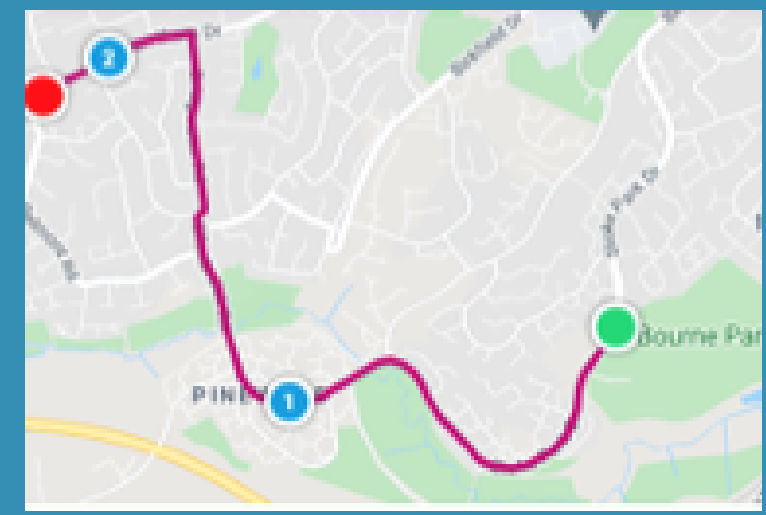
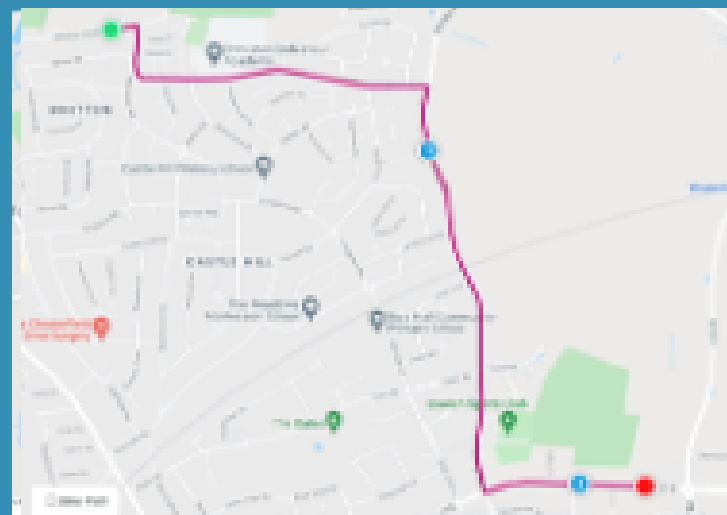
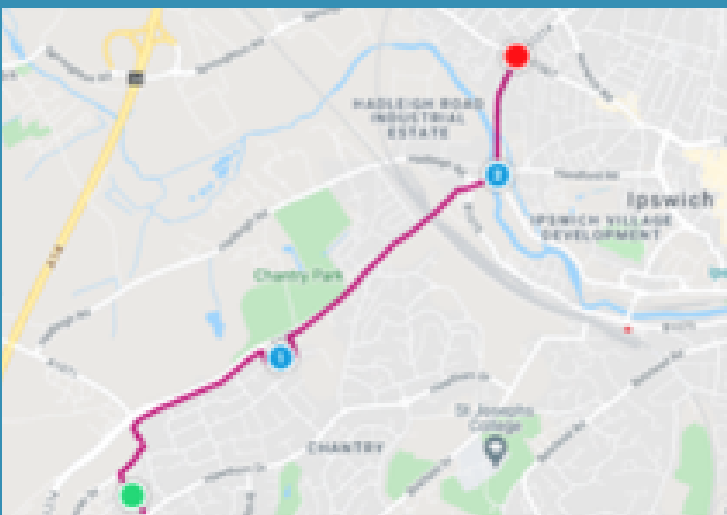
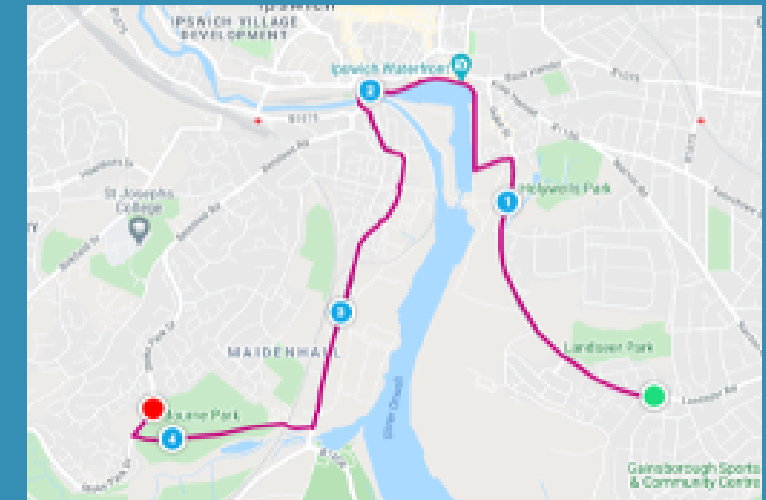
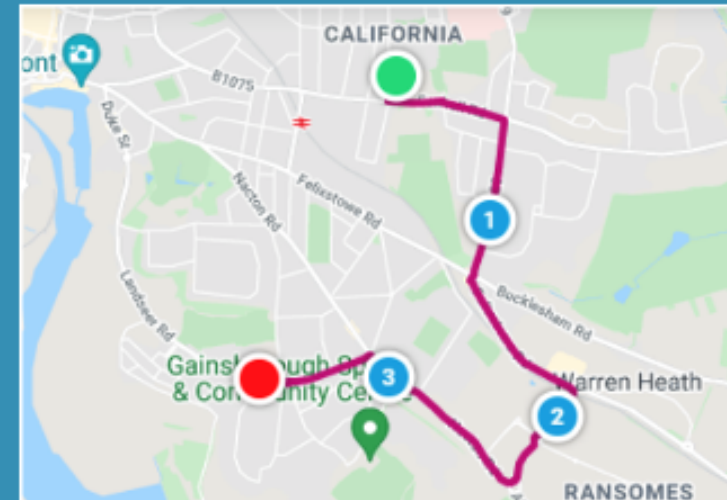
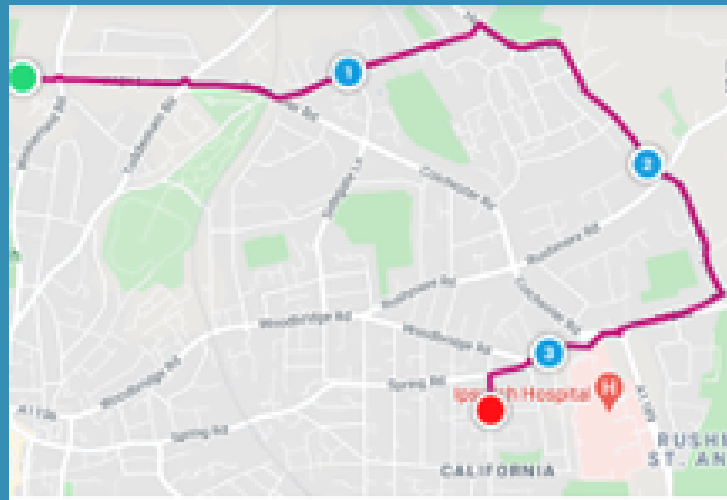
- Prayer and seeking
- Scripture Focus
- Prayer Requests
- Fitness assessment
- Church involvement
- Route planning and stop / rest points
- Support and encouragement along the way.



Prayer Walking

IPSWICH BOUNDARY WALK – ROUTE IDEAS

We have a downloadable booklet on our website with route suggestions for the Ipswich town boundary walk.





PRAYING IN UNITY

All denominations across Suffolk are invited to pray and take part in the event whether walking or supporting prayerfully or practically



COMMUNICATION

Communication through email, websites, newsletters, zoom and social media. This is something to celebrate and get excited about.



FELLOWSHIP

This is for all ages and abilities, whether walking 22 miles or 1/2 a mile, or praying over maps and photos. It's a time to get together.



PURPOSE

We want to glorify God throughout this time, praying for His will to be done and His Kingdom to come here in Suffolk.

Suffolk Prayer Walk

2023

BOUNDARY WALKS OF TOWNS

VILLAGE CIRCULAR ROUTES

Village communities walking throughout villages and linking them where possible.

CONNECTIONS

Walkers, joggers and cyclists can connect areas in prayer between villages and remote areas.



How to Pray Remotely



Pray over a physical map



Pray online using your phone or computer



Pray from your home and garden

Contacts



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